

KAREEM ROGERS

The Fit Recruiter™

Award-Winning Speaker

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LIKE A PERSONAL TRAINER FOR YOUR CAREER

nown as The Fit Recruiter™, Kareem blends career strategy with fitness principles, inspiring his audience to build the "muscle" they need to stand out, speak up, and secure high-paying roles that align with their strengths.

After navigating job rejection, uncertainty, and self-doubt early in his own career, he discovered the power of confidence, clarity, and consistent action. Now he helps others do the same. As a 4X certified career coach, SHRM-CP certified HR professional, martial arts enthusiast, and public speaking champion, Kareem is on a mission to empower ambitious professionals to stand in their power and secure big-money opportunities; putting them in the ultimate position of strength.

Blending his background in recruiting, his passion for fitness, and his gift for moving a room, Kareem teaches his audiences to understand their true value, land roles that offer them the flexibility they desire, and ultimately maximize their earning potential.

His delivery was nothing short of

electrifying! Kareem masterfully wove his
career expertise and life lessons into a
delivery was his deliberate,
What stood out was his deliberate,
The care approach, making complex ideas
crystal clear while navigating today's
crystal clear while navigating today's
charged political climate with grace. The
charged political climate with grace onto
students were captivated, hanging onto
his every word, and their eagerness to
connect with him afterward proved his
profound impact.

Book him, and watch him transform your students' perspectives!" - Cory Cain



- Career services centers
- Workforce readiness programs
- Youth employment organizations
- Early-career talent development
- DEI initiatives & Employee Resource Groups (ERGs)
- Internship & apprenticeship cohorts
- Leadership development workshops
- Layoff support & outplacement services
- Tech and career bootcamps
- Certificate training programs
- Trade schools & adult education programs
- Professional association events
- Young professional or emerging leader conferences